



The perils of Woo-Woo! The problem of Pressure Point Pain Compliance!

There! That should get you thinking! What - Vince is actually downplaying the role of Kyusho-Jutsu in actual defensive combat?

Well, Yes and No!
Let me explain: In real life there are many levels and degrees of violence. Many are at a fairly low level, and the rage factor involved is not at an overwhelming pitch; in these situations, the use of Kyusho as a method of Pain Compliance is very effective indeed, if used correctly.

However, in some circumstance the level of violence and rage can often over-ride the influence of pain within the system. Certain drugs (PCP for example) certainly have a huge effect on this!

Over the years, I have had a lot of experience teaching Defensive Tactics and Control Strategy to Law Enforcement Officers in various countries, and certain characteristics have emerged. First, however, let me clarify what I meant earlier by: *'if used correctly.'*

Well, I have never met - in all these years, in various Police Academies and in different countries - any officer, ever, who has employed the kind of 'Woo Woo' tactics of 'Chi

Strikes' and the like, as promoted and exemplified by George Dillman and his snake-oil salesmen acolytes!

On the other hand, many officers who have attended my Academy courses have used our methods



Here you see my students using a combination of gross motor skills (force subject against the wall, separate and control his legs with their knees, applying handcuffs etc. but the officer on the left is also applying strong pressure to the T.W. arm point at the same time. Together, this nullifies the suspect's attempts to move and also the input from the arm point distracts his mind.

correctly, and have had excellent results from so doing.

BUT - As I teach all the time, there are times and situations where low-level compliance techniques, not only will not work, but can actually make the situation worse by escalating the levels of violent reaction to such a degree that more severe methods have to be employed for the safety of the officers. To give one example, I had occasion personally to apply a pain-compliance pressure point technique against a very muscular non-co-operative subject, who demonstrated a massive anger and rage reaction, which led to an escalation of methods which had to be used to control him.

There is always a chance that this may happen, and I warn my students to be aware of this, and be ready to immediately move up a level in control methods.

Alcohol can also be a means to overcoming reactions to pain, and someone in a state of combined drunkenness and

rage is unlikely to suddenly give in to a minor level Kyusho technique on its own. Just relying on a simple technique may work, but...

In some cases the pain can even lead to the subject becoming impervious to CS and OC spray and even tasers.

In the Antwerp Police Academy, it was policy for all recruits and instructors to experience the effects of the sprays themselves, and still continue to function. Anger or strength of will can certainly effect the outcome. The same mindsets can facilitate the resistance to the electrical over-stimulation of a taser strike!

Academy research in the USA has even shown that many Tased officers, far from being incapacitated, were able to aim and fire many shots accurately at a target! (Which could have been the arresting officer!) This has enormous ramifications over the choice of weapons to control some situations! Use a Taser in the face of the firearm threat? I wouldn't recommend this action!

It should be obvious that if students and officers in training can sometimes continue to function in spite of the thousands of volts messing up their nervous systems, then so can a drunk or drugged or a very angry bad guy!

It is vital that - not only officers - but all interested in building an effective defensive 'box of tools' (and this includes all martial artists who are determined to understand effective Kata Bunkai) understand that what may begin as low key can frequently change in the blink of an eye into a life-threatening battle of survival!

There are many examples on You Tube of Taser fails, when subjects just do not seem to become incapacitated by the shocks. The problem is that all too often the

officer(s) involved just keep firing more Taser charges. This usually just does not do any good - If it failed once, move on to a different set of skills or to a more effective weapon.

Unfortunately these days, because of the paucity of Arrest and Control training in the USA, so many officers just do not have, or practice, the skill-sets necessary.

It is one thing to use a back of arm pressure point to bring down a subject (T.W. Points) and it is usually effective, but there are times when - perhaps half-way through the technique - the subject begins to react with greater violence. At this time it is vital to transition to a greater level of power and use of gross motor function techniques, such as sweeping away one of his supporting legs, to bring him to the prone position.

In this case, the Kyusho technique has not failed, it has put the attacker into a position where follow-up joint stress techniques can be used with

This USA Cop wrestled the struggling subject to the ground after his Taser didn't subdue him, but he continued with choke restraint which is identical to one we teach from the Kata 'Chinte.'



success.

As I used to say in my Kyusho-Jutsu classes: *Kyusho is not a magic bullet! It is there to help, not answer everything!"*

Does this mean that we shouldn't rely upon using the points? Not at all! It means that like all tools they are better at some jobs than at others.

Definitely stay away from anyone who tries to tell you that a knowledge of the various points, together with their concomitant 'Cycle of Destruction' and 'Best times to apply' is all you need.

This 'Woo Woo' Bull Shit will likely get you in deep trouble!

You do have to have basic defensive skills, perhaps, but not necessarily, in martial arts; but at least in specific techniques to effect restraint and control in safety.

The Kyusho points can then be utilised as aids to these skills, which is exactly what they always were!

In the end, you have to come back to the Kissaki-Kai mantra: **'Reality, not Ritual'** in your training, and ensure that as you become familiar with any techniques, you



OC Spray only affected 2 of the 3 subjects - No. 3 could continue to resist.



Examples from Chinte Kata DVD. Continued application, standing or prone, can induce unconsciousness in just a short time.

gradually increase the speed and violence of the situation (with safety, of course) until you can see for yourself the kind of problems which can arise.

Then you can begin to judge the responses which you need to be able to use to combat different situations.

So where do you find the techniques required to complete the job? In your basic repertoire of waza practised time and again known as basics! However, your Kihon will have to include the 5 levels as taught within the Kissaki-Kai syllabus -
 (1. **Ne-waza** - Groundwork, grappling

2. **Nage-waza** - Throwing techniques

3. **Atemi-waza** - Vital point striking

4. **Shime-waza** - Choking techniques

5. **Kansetsu-waza** - Joint Locking Techniques.

Each level is a distinct area of combat that is essential in non-sporting contexts, again: **"Reality, not Ritual"** is the only mind-set!

Would we prefer that resisting subjects immediately stopped fighting when sprayed or Tased, or after initial low-level Kyusho manipulation?

Of course, but it very often does not work that way in reality.

Drugs, alcohol and anger can have a

tremendous effect on the central nervous system and even block completely the normal reaction to pain.

In these situations, the outcome can very quickly go from bad to worse unless you have the skills necessary to gain compliance by immobilising the subject and even by rendering him unconscious with strikes or chokes.

Not pretty, but often necessary!

"But we don't practice these things in our Dojo!"

What can I say?

So many assaults either end almost immediately with a swift sneak attack punch, or they close the range to punch and grapple.

There is never anything nice or straightforward about physical confrontations.

They are often bloody and painful, not to mention shocking, and sometimes it will take a few moments of survival time before the opportunity to deliver controlling or finishing techniques can be gained - you need the close-range skills to deal with this.

For an officer needing to arrest a subject, there is always the requirement to catch hold of him or her.

In all cases, knowledge of the weak areas of the body, and of leverage and body mechanics is necessary, which is why the 5 levels of training are so important.

Tactically, remember that the faster a confrontation is over, the lesser the chances of it all going wrong!

If your regular training does not address the points in this article - change it!

Vince Morris (c) 2018.



I often talk about the need to ‘pressure test’ Bunkai. Here is one example of what I mean: First master the technique in the Dojo, then make it work under stress and disadvantageous conditions. I find so many only do the first, and never get to really test the waza to get rid of ‘Dojo Compliance’ and fully test its effectiveness under stress. Here is an example of my Police Academy officers training in an Anti-terrorist exercise. The 3rd stage is analysis and feedback from officers applying the technique in the street. Waza must be tested to the limit before one can judge it to be ‘fit for purpose!’

NEWS!

On our Facebook pages we have made a large number of new ‘friends’ including many from countries we have not yet held seminars in.

So, if you are a member of a Dojo in Spain, Portugal, or in fact in any E.U. country, please get in touch if you would be interested in holding one. We make it very easy to do.

We are already confirming a number of seminars next year in the USA and Ireland. Details will be announced.

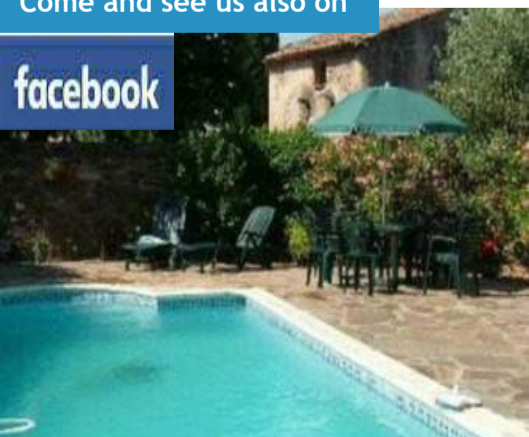
Please contact us if you would like to arrange a seminar in your Dojo! In Europe or in the USA - We make it easy and you will not have any financial problems!



FRANCE

www.soleilenfrance.com
Come and see us also on

facebook



Sensei Vince and Eva are offering family vacations in the South of France in the lovely hilly area of Languedoc

Here one can enjoy peace and quiet around the private pool, enjoy hiking and cycling in the beautiful country-side, yet be only a short drive from the Mediterranean beaches.

Easy reach of Golfing, kayaking, fishing etc., with the bonus (if desired) of private training with the senseis. The large house has easily room for groups of up to nine, self-catering.

This also where instructors and families will stay when attending the September course and seminar in Beziers.

Why not come and join them? Just email for details

SPEND YOUR HOLIDAY WITH US IN FRANCE

info@kissaki-kai.com

Or keep in touch via the

Face Book page -

Kissaki Karate International



Ludwig Pfefferkorn and family had a great time!





1. Bruchsaler Budo Club e. V.

zu den Wurzeln des Karate Do
„Tradition ist nicht die Aufbewahrung der Asche,
sondern die Weitergabe des Feuers.“



WIRKSAMES KATA BUNKAI!

Vince Morris

9. Dan Kissaki Kai Karate

Angewandtes Karate

Kata und ihre Anwendungen

mit Kampfkunsterfahrung
von über 50 Jahren



REALITÄT - KEIN RITUAL



Werner Dietrich

Ausbildungsreferent für Selbstverteidigung
und Selbstbehauptung in Kooperation mit
der Polizei Karlsruhe

Mit Eva Morris 5. Dan



Samstag / Sonntag

24. / 25. November 2018

Trainingszeiten:

Samstag : 10:00-11:30 Uhr
12:00-13:30 Uhr und
14:00-15:00 Uhr

Sonntag: 10:00-11:30
12:00-13:30 Uhr

Gebühren:

Samstag 35.- € Sonntag 30.- € Beide Seminartage 55.- €



Haben Sie genug von lächerlichen, unrealistischen Anwendungen? Verpassen Sie diesen Kurs nicht um effective und praktische Bunkai zu lernen!

Veranstaltungsort: Schwetzinger Str. 56 • 76646 Bruchsal
Übernachtung im Dojo auf Anfrage

Infos unter: www.bruchsaler-budoclub.de oder 07251 / 83838

Zur besseren Planung bitten wir um Anmeldung unter:
info@bruchsaler-budoclub.de

Der Ausrichter übernimmt keinerlei Haftung !

GERMANY

2018 zum 6. Mal in Fürth



Vince Morris

9. Dan Karate

Kata-Bunkai-Lehrgang

27. - 28. Oktober 2018

TV Fürth 1860



**Also mit: Guy Jansses 7th Dan
und Eva Morris 5th Dan**

über Vince
Morris:

Vince Morris ist eine der führenden Persönlichkeiten in der Welt des Karate. Mit seiner Erfahrung aus über 50 Jahren Karate, Judo und Kyusho Jitsu beeinflusste er viele bekannte Kampfkunstexperten. Als Vertreter und Vorreiter des angewandten Karate unterrichtete er an Polizeischulen in Amerika und verbreitete sein Kissaki-Kai Karate-Do in seinen Dojos in Amerika, Europa und China. Vielen ist er bekannt aus seinen Büchern und Videos über Anwendungen aus den Kata und der Lehre von den Vitalpunkten.

Weitere Infos: www.kissakikarate.com und www.kissakikai.com

Lehrgangs-
programm:

Das Seminar steht in diesem Jahr unter dem Motto

Tekki Shodan und Tekki Nidan mit Anwendung der Pressure Points

- Selbstverteidigung gegen Angriffe von einzelnen oder mehreren Angreifern
- Übungen zur Steigerung der Geschwindigkeit
- SV Anwendungen werden hauptsächlich mit Techniken der Katas Tekki Shodan und Tekki Nidan demonstriert und geübt

Trainings-
zeiten:

Samstag, 27.10.2018

10.00 bis 11.30 Uhr

12.00 bis 13.30 Uhr

14.00 bis 15.00 Uhr

Sonntag, 28.10.2018

10.00 bis 11.30 Uhr

12.00 bis 13.30 Uhr

Hinweise:

- Die Teilnehmerzahl ist auf 65 Personen begrenzt.
- Die Lehrgangssprache ist Englisch.
- Übernachtung im Dojo mit eigenem Schlafsack ist möglich. Bitte bei der Anmeldung angeben.
- Für Verpflegung wird gesorgt.

Ort:

Sporthalle des TV Fürth 1860, 90768 Fürth, Coubertin Str. 9 - 11

Teilnahme-
kosten:

40,-- Euro für beide Lehrgangstage

25,-- Euro nur für Samstag, 20,-- Euro nur für Sonntag

Anmeldung:

Bitte per Email an: vince-morris-2018@karate-fuerth.de
mit Angabe von Name und Buchungstagen. Die Anmeldung wird mit Email bestätigt.

Veranstalter:

Karate-Abteilung des TV Fürth 1860 - www.karatefuerth.de
Verantwortlicher: Stephan Kohler (kohler.stephan@gmail.com) & Kay Böhme (kboehme@mnet-mail.de)

Sonstiges:

Der Veranstalter übernimmt keinerlei Haftung für Personen- oder Sachschäden



SEMINAR IN BEZIERS SEPTEMBER 2018



Some of the participants

The 2 Day seminar in Beziars was an unqualified success! For the first time we split the training into simultaneous sections, one for the more experienced and senior Kissaki-Kai members to give them the opportunity to train with each other, with the other section comprising those with more limited experience in Kissaki-Kai basics to get a chance to catch up.

In the weapons defense element of the training, this also allowed the limited access to firearms, baseball bats and knives to be sufficient so that everyone had the chance to participate.

This year, we had the chief instructors from the UK, the Benelux countries, Ireland, Sweden and the USA taking part, in addition to many senior ranks from Belgium and Germany, as well as from France.

The senior instructors all took a part of the training so everyone got the chance to benefit from their collective experience and skills.

The training was divided into time-limited sections covering parts of the 5 levels of the Kissaki-Kai system, but - as usual - there was never enough time to fit it all in; so it was decided to do it all again next year:-)

As well as the training there was plenty of time to enjoy a Bar-B-Q by the pool, a visit to a great Pizza House and also to an 'All you can Eat' Chinese restaurant!

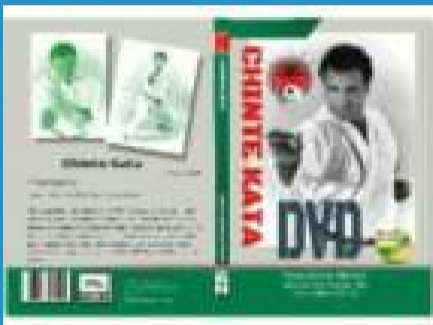


Follow us on Face Book:
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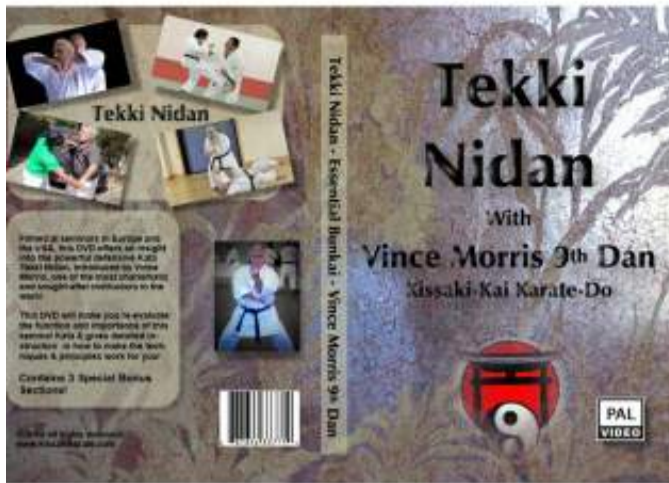


Check Facebook and www.kissakikarate.com for forthcoming seminars!

Just a few of the Books and DVDs by sensei Vince available on the Website:
www.kissakikarate.com/shop.htm



Special NEW LOWER PRICES and BARGAIN BUNDLES - Check them out! You can also see many Promo videos on the Kissakikai Youtube Site. Also FREE One Minute Dojo episodes on www.kissakiusa.com



This DVD will make you re-evaluate the Importance of this seminal Kata!
[Make it work for you!](#)

www.kissakikarate.com/shop.

For 5 years Kissaki-Kai has offered an On-line, Distance-learning Website which, for a small sum, gives members monthly downloads of video training in all elements and levels of the basics which comprise the system.

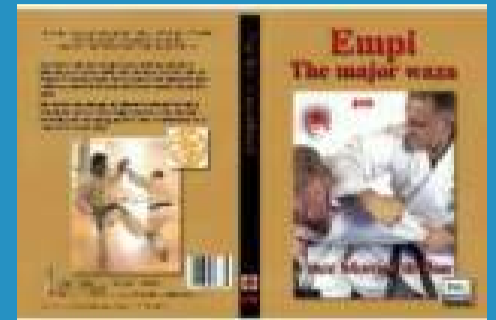
This is invaluable to all who want to master Kissaki-Kai, but who do not live near a Kissaki Dojo!

Why not take a look and see if it could help you?

www.kissakikai.com



See FREE PROMOs of the DVDs on Youtube - Go to KISSAKIKAI and check them out .



SEMINARS

There are many seminars already in the calendar - go to www.kissakikarate.com - to check for one near you, or contact us if you would like information on how to host one in your own Dojo. info@kissaki-kai.com